

Supporting the whole

Conventional Medicine separates the body into component parts, however in Functional Medicine we see the person as a whole. When imbalance comes there are usually several bodily systems involved and so we need to look at the wider picture to restore balance.



“ The more specialized doctors become, the more they know about a body part or organ, the less they tend to understand the human being in whom that part or organ resides ” **Gabor Maté**

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Everything is connected

An imbalance in one part of the body can actually be an expression of imbalance in another area. I'm here to help you rejoin the dots.



GAYLE MERCHANT
— Nutrition & Functional Medicine —